



## Walks from [www.west-linton.org.uk](http://www.west-linton.org.uk)

### WALK C8 – Kitchen Moss

A circular walk across high moorland that connects two trans-Pentland footpaths, with fine views to Edinburgh, the bridges, Fife and beyond, as well as views of the Pentlands ridge that cannot be seen from anywhere else.

**Route:** Start/Finish – Ninemileburn

**TIME**  
**3-4 hours**  
**DISTANCE**  
**15km/9 miles**

Park at the south end of Ninemileburn in the area where the lane turns through 90 degrees. Walk along the lane south-west for a few hundred metres, then turn right along the track up to Spittal Farm (signposted Buteland via North Esk Reservoir). Follow the track anti-clockwise around the back of the farm, climbing upwards.

Continue steeply up the track to the saddle between Spittal Hill and Patie's Hill. Pass through a gate and 50 metres on, bear left off the track onto a footpath, following the way markers. Head downhill towards the North Esk reservoir. Cross the dam wall and pass to the right of the keeper's cottage, heading for a stile and information board about the reservoir.



View of Firth of Forth from Kitchen Moss

Turn right here, following the sign to Buteland, walking along the side of the reservoir. Towards the end of the water, you pass a newly built hide (the Dulverton Hide), which is a great place to stop for a rest and to watch the birdlife on the islands. Once past the reservoir, cross a stile, follow the Buteland sign again and continue for 3 km up to a gate and fingerpost (Buteland/Carlops) near to the Borestane, which is ahead of you down to the left.



View of Pentlands from Kitchen Mos

Go through the gate and turn right to follow a dry stane dyke for 4 km across Kitchen Moss. The route here is easy to follow, just stick to the wall, and surprisingly dry underfoot. About half way across, where the words 'Kitchen Moss' are printed on the OS map, the wall reaches a junction. Cross the gate and turn right, following the wall heading north-east. Continue until you reach a gate and fingerpost on the Balerno-Ninemileburn 'Red Path' track.

Turn right through the gate and continue for 2km up to the saddle below West Kip. Turn right off the track here, crossing a stile to follow the sign for 'Ninemileburn by Monk's Rig'. The path climbs up and to the right of a plantation on the hillside, and then follows the rigde of Monk's Rig, heading down towards Ninemileburn.

The path passes by the Font Stone, the remains of an ancient stone cross, where tossing a coin into the hollow is meant to bring good luck.

Continue downhill, over one stile and then another, turning left here to walk down the edge of a field. As you lose height, fingerposts will direct you through fields back down to Ninemileburn and your start point.



The Font Stone